

Name_____ Date_____ Class_____

Taking a Closer Look at Bipolar Disorder

1. Another name for *bipolar disorder* is _____.

2. In one sentence, define *bipolar disorder*.

3. Circle the words or phrases that will make the statement correct.

Bipolar disorder typically begins ***during childhood / adolescence / late adulthood*** and lasts for about ***3-6 days / 10-15 months / throughout life***.

4. List at least five symptoms of the "high" or mania stage of bipolar disorder.

5. List at least five symptoms of the "low" or depression stage of bipolar disorder.

6. What do doctors and researchers think may be possible causes of bipolar disorder? Explain the reasoning behind each possible cause.

7. How and when does bipolar disorder appear in children and adolescents? Record specific details about how this mood disorder can affect people your age, how they often deal with it, and how they can be helped.

8. Read about the suggested treatments for bipolar disorder. If you had bipolar disorder, which treatment would you prefer? Explain your choice and your reasoning in two or more sentences. (You can use the other side of this sheet of paper.)