

Brannan Health Blog Instructions:

1. Go to the website

www.brannanhealthandpe.weebly.com

2. Click on the "Health Blog" tab

3. Your assigned blog is ALWAYS the blog at the top of the page

4. There is a box on the right side of the page that has the "Rules for Posting". These apply for all blogs!!!!

5. Read the instructions under the blog title.

6. At the bottom of each blog, there is a "comments" button. Click on it to write your response. You will have to scroll down through all of the previous comments in order to see the boxes where you fill in your name and comments.

7. Your name should be your initials followed by the period you have Health.

8. You do not need to fill in the boxes for email or website

9. Write your comments box provided and click "submit". Your comments will be delivered to my email for approval. Once I approve your comment, you will see it on the blog page.