

# Chapter 4 Notes

---

## 4.1 Mental Disorders

Define Mental disorder –

What are the causes of mental disorders?

- 
- 
- 
- 

### Types of mental disorders:

Anxiety –

Phobias –

Panic Attacks –

OCD –

PTSD –

## Other Mental Disorders:

Mood Disorder –

- 
- 

Schizophrenia –

Impulse-control –

Personality –

## 4.2 – Eating Disorders

Anorexia Nervosa -

---

---

---

Bulimia -

---

---

---

Binge-

---

---

---

### 4.3 Depression and Suicide

Define Clinical Depression:

---

---

Depression can cause problems at school, at home, and in one's social life. If untreated, clinical depression can lead to \_\_\_\_\_, serious \_\_\_\_\_ and even \_\_\_\_\_.

Signs of clinical depression:

- 
- 
- 
- 
- 
- 
- 
- 
- 

What are the risk factors for clinical depression?

- 
- 
- 
- 
- 

\_\_\_\_\_ is an unhealthy way to cope with emotions, stress or traumatic events.

2 types of self-injury are \_\_\_\_\_ and \_\_\_\_\_.

**Suicide** is intentionally killing oneself.

What are the risk factors for suicide?

- 
- 
- 
- 
-