

# Unit 3 (Chapters 15, 16 & 17) Study Guide

---

## Chapter 15: Alcohol

### Be able to:

Describe how alcohol acts as a depressant in the body.

Identify the three factors that influence teens to drink.

Summarize the effects of intoxication on the body systems.

List four factors that affect blood alcohol concentration.

Identify three ways that intoxication may lead to death.

Identify the effects that long-term alcohol abuse has on the body.

Describe the three stages of alcoholism.

List the three steps to recovery from alcoholism.

### Vocabulary:

Drug	Depressant	Zero-Tolerance policy
Intoxication	Blackout	Blood Alcohol Concentration
Hangover	DWI	Overdose
Binge Drinking	Cirrhosis	Fetal Alcohol Syndrome
Alcoholism	Tolerance	Addiction
Reverse Tolerance	Detoxification	Withdrawal
Rehabilitation	Refusal Skills	

## Chapter 16: Tobacco

### Be able to:

Identify the three factors that influence teens to use tobacco.

Describe the various forms of tobacco.

Explain the effects of nicotine on the body systems.

Identify two substances (other than nicotine) in tobacco smoke that are dangerous.

Explain why using smokeless tobacco is not a safe alternative to smoking.

Describe the long-term risks of tobacco use.

Identify the long-term risks of exposure to secondhand smoke.

Describe the effects that smoking during pregnancy can have on a baby.

Identify the benefits of quitting tobacco use.

**Vocabulary:**

Nicotine	Smokeless Tobacco	Chewing Tobacco
Snuff	Stimulant	Tar
Carcinogen	Carbon Monoxide	COPD
Chronic Bronchitis	Emphysema	Leukoplakia
Mainstream Smoke	Sidestream Smoke	Secondhand Smoke

**Chapter 17: Drugs**

**Be able to:**

Describe the difference between drug use, misuse and abuse.

Describe how psychoactive drugs affect the brain.

Summarize the risks of drug abuse.

Distinguish between risk factors and protective factors and how they influence decisions about drugs.

Compare the effects of stimulants, depressants and hallucinogens on the body.

Describe the effects of marijuana.

Name the three classes of drugs that are of increasing concern in recent years.

Identify the signs of drug abuse.

List the three treatment options for people who abuse drugs.

Describe ways to stay drug-free.

**Vocabulary:**

Medicine	Prescription drug	Over-the-counter drug
Illegal drug	Drug Misuse	Drug Abuse
Psychoactive drug	Side effect	Drug antagonism
Protective factor	Depressant	Barbiturates
Opiate	Heroin	Stimulant

Amphetamines

Methamphetamine

Cocaine

Hallucinogen

Marijuana

Club Drugs

Inhalant

Therapeutic Community